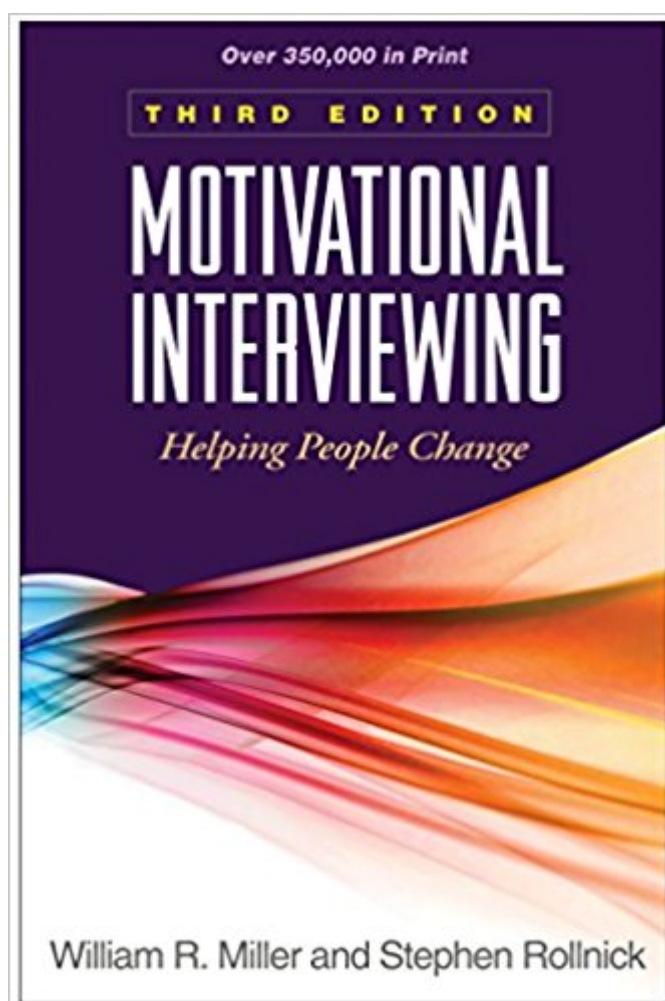


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# Motivational Interviewing, Third Edition: Helping People Change (Applications Of Motivational Interviewing)



## Synopsis

This bestselling work for professionals and students is the authoritative presentation of motivational interviewing (MI), the powerful approach to facilitating change. The book elucidates the four processes of MI--engaging, focusing, evoking, and planning--and vividly demonstrates what they look like in action. A wealth of vignettes and interview examples illustrate the "dos and don'ts" of successful implementation in diverse contexts. Highly accessible, the book is infused with respect and compassion for clients. The companion Web page provides additional helpful resources, including reflection questions, an extended bibliography, and annotated case material. This book is in the Applications of Motivational Interviewing series.Â New to This Edition: \*Reflects major advances in understanding and teaching MI. \*Fully restructured around the new four-process model. \*Additional case examples and counseling situations. \*Reviews the growing evidence base and covers ways to assess MI fidelity.Â Pedagogical Features Include: \*Online reflection questions and annotated cases, ideal for classroom discussion. \*Key points at the end of each chapter. \*Engaging boxes with special topics and personal reflections. \*Extended bibliography and quick-reference glossary.

## Book Information

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## Customer Reviews

This book is excellent so far. I can't put it down. The third addition addresses most of the concerns I had reading the first addition's initial three chapters in graduate school. Miller and Rollnick explain MI in such an easily understood way and give excellent advice on how to view clients in the process of change. Thank you for making work reading enjoyable!

Excellent resource for many situations when working with people who are ambivalent about change (who isn't?!). Also great for helping me notice which portions of what other people say I actually listen to with close attention and how I choose what I reflect back to them of what I hear.

This is an excellent book and resource for learning more about motivational interviewing. The 3rd edition received significant re-writes based on lessons learned and new research that has been published since the last edition. The book is well organized, clearly written, and provides examples and transcripts drawn from actual MI interviews. If you are interested in MI, this is the book to get!

I love MI. It's a down-to-earth and practical way of listening to people and assisting them to change. This book is written in a more accessible style than 2nd edition (and I like the 2nd edition very much.)

SO different from the second edition - if you haven't read the third edition and you are doing any training, definitely read this, much updated.

Well written and to the points you'll need to know as a beginning or experienced clinician in the field using MI. Had to buy this for a class but so glad I purchased instead of rented because I know I will be using and referring back to this text for a long time!

A+. Most books that I have to purchase for class I end up selling after the class is over. Not this one! It's simple to read, yet packed with valuable information. Love this book!

Excellent book. I used this in a masters level social work course, then also on my first career in addictions field.

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